

TOPICS I CAN OFFER AUDIENCES

- Lessons learned from fifteen women peacemakers
- 5 Ways to recalibrate your daily interactions with others in a way that is based on mutual respect and non-violence
- The intersection between forgiveness and peacemaking
- How to take care of yourself while you are taking care of others
- How to actually make peace
- How to teach children to be peacemakers
- How to make peace with your body
- How to deal with the PTSD of having dealt with the fallout of COVID-19.
- How to make proactive decisions that lower the chances of conflict
- How the stories of the Women Peacemakers can generate hope for making a difference in the world, and two dozen tools to use in doing so.